

DanceMeditation med Susanne Anders Bartholomäi

Stockholm 27-28 februari 2027
(reservdatum: 6-7 mars)



Heart Sutra

- Sutra do Coração and other dances

Choreographed by the Brazilian Patricia Preiss, this moving dance celebrates stillness as the source of dynamism, inviting us to feel at home in both.

Encountering the stillness within us, while dancing, can be transformative.

It is this still center that offers us refuge and makes the idea of inner peace—amidst the happenings of the outside world—seem possible.



Plats: Stockholm
Tellus Fritidscenter, Drakenbergssalen
Korsningen Horns/Lignagatan 8, T-bana Hornstull och buss 4

Tid: Lördag kl 10–16 Söndag 10-16

Kostnad: € 130 + 1000 kr

Anmälan: Pia Rosén, pia@pinglabo.se 070-695 36 06
Anmälan är bindande fr o m 27 januari 2027



www.tanzmeditation.de